

GARDENING TIPS

for heat waves



01. LAYER ON THE MULCH

Mulch is like a protective layer over your soil. It helps keep soil cooler and trap moisture in the ground. Mulch can be made up of things like dried grass, shredded wood chips, or stones depending on your needs.

02. USE SHADE

For plants that are in pots, move them to shadier areas so they don't get scorched. If you can't move some plants that are sensitive to the sun, cover them with a shade cloth.

03. CHANGE WATERING TIMES

You'll want to water your plants early in the morning or late at night when temperatures are cooler. This way, the roots of plants can absorb water before it evaporates during the hottest part of the day.

04. TAKE A BREAK

On really hot days, you may need to take a break from gardening. Your plants will forgive you, and remember your health always comes first!

05. PLANT NATIVE

Using plants native to your region can help reduce the need for frequent watering and less intensive garden care! Consider looking for drought/heat resistant varieties.